

Career Story Interview & Career Story Interview Expert

The Career Story Interview allows you examine what steps you want to take next in your professional life, so that you can continue to work with energy. The 'interviewer' is an experienced occupational psychologist.

When you're fully aware of what you know and want, you will improve the ability to deal with change in your working (environment). The Career Story Interview helps you to 'control' the central theme in your personal and professional development. With the help of the story telling method, you discover what your story is, what you want and where you are going. **With the Expert version** you will delve deeper into the subject.

This is Career Story Interview & Career Story Interview Expert

- programme of 3 conversations (a total of 4 hours) (**Expert**: 3 conversations of 8 hours in total)
- an experienced occupational psychologist interviews you using the specific techniques of storytelling
- you reflect and prepare for sessions by means of 'homework assignments'
- result by means of a compass (personal plan)

This is what you will learn

- you will discover in which direction you want to develop professionally
- you translate your insights into your current professional challenges
- you are the author and protagonist of your own story
- you have future prospects and you know which steps you can take

individual - group
1:1 - online
educational - **preventive** - curative

Matched Care category:
@work @risk @home

Number of hours:
0 2 4 6 8 10 12 14

Turnaround time in weeks:
0 2 4 6 8 10 12

This is what you will achieve

You will have insight into how events in your (working) life form the central theme in your story. You will be more aware of what motivates and interests you. With the help of your personal compass (including the outline of follow-up steps), you can chart a course for further development.

This is what makes Career Story Interview & Career Story Interview Expert unique:

- for experienced employees but also for beginners
- with a creative personal contribution
- short turnaround time
- accessible
- also useful for career advice

Shared Ambition offers solutions for three target groups

@Work

For employees who are working and want to stay mentally healthy

@Risk

For employees who are at risk of absenteeism

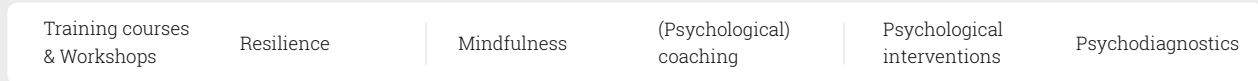
@Home

For employees who are partly or fully absent

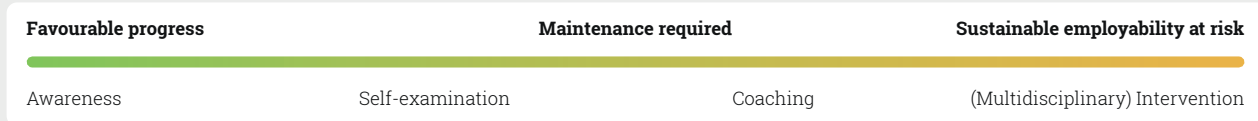
Matched Care Concept



Our solutions



Job Vitality for sustainable employability



Working together

Shared Ambition is an expert in work-related psychological health.

Do you want to learn more about Shared Ambition and/or our products and services? Please visit our site or contact us.

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