

Coach on Location

Coach on Location is available at your work and has consultation. In difficult circumstances at work or in your personal situation, you can make an appointment.

Sometimes things happen that throw you off balance. You need someone to talk to about these things. About your work in general, working together, the stress you experience and setting boundaries. But also about more general topics, such as energy, sleep or relationships. You can see a coach at work. The coaching duration is a maximum of 3 hours, you agree on the specifics with your coach. The coaching is confidential and there is no feedback to your employer.

This is Coach on Location

- a maximum of 3 hours of coaching on location
- the registration takes place via the procedure set by your employer
- define your coaching requirements
- customized setup and implementation

This is what you will learn

- determine and define your coaching requirements (the problem)
- tips and help on approaching your problem
- define your coaching requirements
- insight: do you need further help?

This is what you will achieve

With the help of a coach, you have found solutions to difficult circumstances in your work and/or personal situation. You have learned whether you need more help and received advice on how to enlist it.

individual - group

1:1 - online

educational - **preventive** - curative

Matched Care category:

@work @risk @home

Number of hours:

0 2 4 6 8 10 12 14

Turnaround time in weeks:

0 2 4 6 8 10 12



This is what makes Coach on Location unique:

- in-company, at your work
- freely accessible, without intervention by a manager, HR and/or company doctor
- direct coordination with other disciplines such as a company doctor or other healthcare professionals

Shared Ambition offers solutions for three target groups

@Work

For employees who are working and want to stay mentally healthy

@Risk

For employees who are at risk of absenteeism

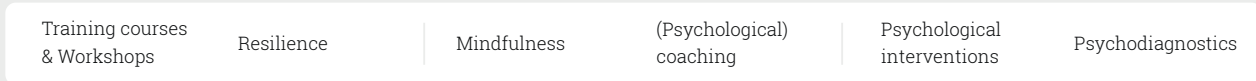
@Home

For employees who are partly or fully absent

Matched Care Concept



Our solutions



Job Vitality for sustainable employability



Working together

Shared Ambition is an expert in work-related psychological health.

Do you want to learn more about Shared Ambition and/or our products and services? Please visit our site or contact us.

Shared Ambition BV - Markenhaven 25C
3826 AC Amersfoort - +31 (0)33-433 70 10

www.sharedambition.com
info@sharedambition.com

