

Plus Module

The Plus Module is a follow-up to a Vital Mind or On Track intervention in the event of specific issues.

During a Vital Mind or On Track intervention, a specific issue might emerge. With the help of the Plus Module, this issue will be addressed. Examples of this are career issues or extra support for re-integration, but also the desire to learn more about mindfulness or assertiveness for example. The Plus Module can also be used to prevent a relapse after an intervention.

This is Plus Module

- extra module following on from the interventions Vital Mind or On Track
- solution or further support for specific issues
- relapse prevention
- an average of 4 hours extra support from an occupational psychologist

individual - group

1:1 - online

educational - **preventive** - **curative**

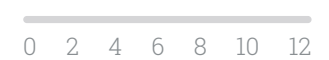
Matched Care category:

@work @risk @home

Number of hours:



Turnaround time: Customized



This is what makes Plus Module unique:

- extra support hours from occupational psychologist
- customization
- further exploration of a specific topic

Shared Ambition offers solutions for three target groups

@Work

For employees who are working and want to stay mentally healthy

@Risk

For employees who are at risk of absenteeism

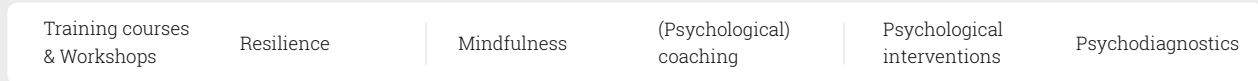
@Home

For employees who are partly or fully absent

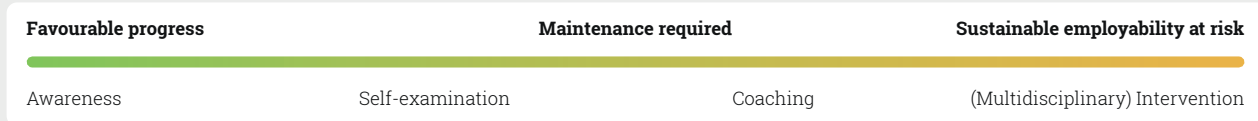
Matched Care Concept



Our solutions



Job Vitality for sustainable employability



Working together

Shared Ambition is an expert in work-related psychological health.

Do you want to learn more about Shared Ambition and/or our products and services? Please visit our site or contact us.

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