

# Three-way conversation

The three-way conversation is a concluding conversation between you and the manager, with the support of the occupational psychologist. It concludes a psychological intervention.

During the psychological programme, you write a (return to) work plan in which you describe what is required for you to stay at work or go back to work. During the three-way conversation, you will discuss the insights together with the occupational psychologist and the manager. Together you can come to a future-proof solution.

## This is Three-way conversation

- a practical and insightful conversation between employee, manager and psychologist in which the possibilities for returning to work are discussed. Any obstacles will be addressed.

## This is what you will achieve

- with the help of the information from the conversation the (return to) work plan can be worked out
- you will discover different ways to deal with situations and/or to accept what comes your way
- you will discuss what you need to stay at work
- any bottlenecks will be discussed with the manager in the presence of the occupational psychologist

individual - group

1:1 - online

educational - **preventive** - curative

Matched Care category:

@work @risk @home

Number of hours:

0 2 4 6 8 10 12 14

Turnaround time in weeks:

0 2 4 6 8 10 12



## This is what makes Three-way conversation unique:

- the (return to) work plan is explained to the manager
- what agreements do you make for a long-term solution?
- any obstacles and bottlenecks will be addressed
- the conversation takes place together with the occupational psychologist

# Shared Ambition offers solutions for three target groups

## @Work

For employees who are working and want to stay mentally healthy

## @Risk

For employees who are at risk of absenteeism

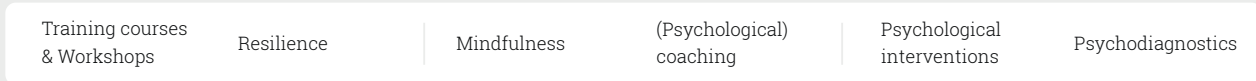
## @Home

For employees who are partly or fully absent

## Matched Care Concept



### Our solutions



### Job Vitality for sustainable employability



## Working together

Shared Ambition is an expert in work-related psychological health.

Do you want to learn more about Shared Ambition and/or our products and services? Please visit our site or contact us.

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